

**Giving blood doesn't require much time.
About an hour should do it.**

You can help save up to three lives in about an hour.
The need is ongoing but the supply is not.
Please give blood today.



**Help Save Lives with Apex American Legion
Post 124 on August 21st, 2023!!!**

**To schedule an appointment, use the link below you can then fill out the form
and use zip code 27518 to search for the Cary Donation Center to choose an
appointment time!**

**Cary Red Cross Blood Donation Center
3700 Regency Pkwy, Suite 150
Cary, NC 27518**

**Your BloodLink:
<https://rcblood.org/44Q6S8c>**



American Red Cross

Visit redcrossblood.org or call **1-800-RED CROSS** to schedule an appointment to donate blood.